

Course Instructor

Name: Pamela J. Sybert, LUT
Email: pamela@unityfortworth.org
Phone: 940-206-1656
Office Hours: By appointment

Course Description

As a result of his inner exploration and experiences, as well as his metaphysical interpretation of the Bible, Charles Fillmore developed a powerful tool for spiritual development and healing commonly known as “the twelve powers.” The teaching and practice of the 12 powers includes awareness of “power centers” in the body, similar to the “chakra” systems in yoga. The system connects the power center to spiritual qualities symbolically associated with the 12 Disciples of Christ; the Christ is symbolically associated with the Spiritual or Higher Self. Students will explore and experientially apply the 12-power system as a way of realizing and releasing their inner divinity.

Course Learning Objectives

By the end of the course learners will be able to:

1. Name and describe the 12 powers both from ego/personality and Christ Consciousness.
2. Explain degeneration, generation, and regeneration and how they apply in your life.
3. Demonstrate applications of each of the 12 Powers in your life.

Required Text/Readings

- Martella-Whitsett, Linda. [Divine Audacity](#). Hampton Roads Publishing, 2015.
- Fillmore, Charles. [The Twelve Powers](#). Unity Village, MO: Unity Books
- Hasselbeck, Paul, Holton, Cher, Holton, Bill. [Power Up Your Life: Accessing Your Twelve Powers to Achieve Health, Happiness, Abundance and Inner Peace](#). Prosperity Publishing House, 2014.

Additional Reference

- Cuddy, Amy, [Presence](#). Back Bay Books, New York [NOT REQUIRED].