

## **THE WELCOMING PRAYER**

Welcome, welcome, welcome. I welcome everything that comes to me today because I know it's for my healing. I welcome all thoughts, feelings, emotions, persons, situations, and conditions. I let go of my desire for power and control. I let go of my desire for affection, esteem, approval, and pleasure. I let go of my desire for survival and security. I let go of my desire to change any situation, condition, person, or myself. I open to the Love and Presence of God and God's action within. Amen.